

How can I experience peace?

By

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Emotions and attitudes › Life Issues

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The world is restless. There is no peace, but a lot of tension and war. As Christians, we need not be afraid of all this, because we know Jesus as our Savior and King.

Jesus is the Prince of Peace

Peace is only possible under a righteous reign. People can only flourish if they submit themselves to Jesus as the Prince of Peace: “Of the increase of His government and of peace there will be no end, on the throne of David and over His kingdom, to establish it and to uphold it with justice and with righteousness from this time forth and forevermore” (Isaiah 9:7). Jesus is the only Ruler whose rule can bring peace to all humanity.

Jesus is our example and guide

During His life on earth, Jesus showed who God is (Hebrews 1:1-3) and how His Kingdom manifests: “I have shown you many good works from the Father” (John

10:32). He came to guide our feet into the way of peace.
(Luke 1:79)

Entrust yourself to God

If you entrust yourself to God's rule, you can experience peace now. Peace between God and you, thanks to Jesus who died at the cross to pay your debts to God (Isaiah 53:5). "But to all who did receive Him, who believed in His name, He gave the right to become children of God" (John 1:12). God's children willingly submit themselves to His righteous reign. People who refuse His reign, are like the tossing sea that can't be quiet. "There is no peace, says my God, for the wicked" (Isaiah 57:20-21). Those people may seek peace and rest in every possible way, but without Jesus they won't find real and lasting peace.

God gives strength

Somebody who submits himself completely to the Lord, is strong against the enemy who tries to pull him away from God and to make him rebel against the Lord (1 Peter 5:8). The Holy Spirit gives us strength to withstand the devil, so

we keep experiencing God's peace. "To set the mind on the Spirit is life and peace" (Romans 8:6).

God's peace is not dependent of our circumstances

The peace of God can't be discussed logically, for it surpasses all understanding (Philippians 4:7). This peace is independent of our circumstances; it can even be experienced amidst tribulation: "I have said these things to you, that in Me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world" (John 16:33).

God gives peace amidst turmoil

Let us, as God's Word urges us, pay attention to the signs of the times. We see what Jesus foretold: wars and tumults, earthquakes, famines, persecution, etc (Matthew 24, Luke 21). The people will faint with fear and with foreboding of what is coming on the world (Luke 21:25-26). But Jesus promises us His peace: "Peace I leave with you; My peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid" (John 14:27). If we keep devoting

ourselves fully to Him, we will experience peace amidst all this turmoil. What a blessing that is!

Get a good introduction about the Bible in What is the Bible ?

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